

Chapter 14

The Itô Integral

The following chapters deal with *Stochastic Differential Equations in Finance*. References:

1. B. Oksendal, *Stochastic Differential Equations*, Springer-Verlag, 1995
2. J. Hull, *Options, Futures and other Derivative Securities*, Prentice Hall, 1993.

14.1 Brownian Motion

(See Fig. 13.3.) $(\Omega, \mathcal{F}, \mathbb{P})$ is given, always in the background, even when not explicitly mentioned.

Brownian motion, $B(t, \omega) : [0, \infty) \times \Omega \rightarrow \mathbb{R}$, has the following properties:

1. $B(0) = 0$; Technically, $\mathbb{P}\{\omega; B(0, \omega) = 0\} = 1$,
2. $B(t)$ is a continuous function of t ,
3. If $0 = t_0 \leq t_1 \leq \dots \leq t_n$, then the increments

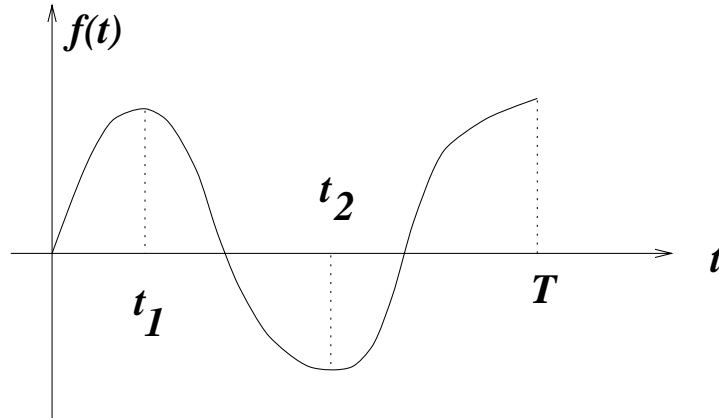
$$B(t_1) - B(t_0), \dots, B(t_n) - B(t_{n-1})$$

are *independent, normal*, and

$$\begin{aligned}\mathbb{E}[B(t_{k+1}) - B(t_k)] &= 0, \\ \mathbb{E}[B(t_{k+1}) - B(t_k)]^2 &= t_{k+1} - t_k.\end{aligned}$$

14.2 First Variation

Quadratic variation is a measure of volatility. First we will consider *first variation*, $FV(f)$, of a function $f(t)$.

Figure 14.1: Example function $f(t)$.

For the function pictured in Fig. 14.1, the first variation over the interval $[0, T]$ is given by:

$$\begin{aligned}
 FV_{[0,T]}(f) &= [f(t_1) - f(0)] - [f(t_2) - f(t_1)] + [f(T) - f(t_2)] \\
 &= \int_0^{t_1} f'(t) dt + \int_{t_1}^{t_2} (-f'(t)) dt + \int_{t_2}^T f'(t) dt. \\
 &= \int_0^T |f'(t)| dt.
 \end{aligned}$$

Thus, first variation measures the total amount of up and down motion of the path.

The general definition of first variation is as follows:

Definition 14.1 (First Variation) Let $\Pi = \{t_0, t_1, \dots, t_n\}$ be a *partition* of $[0, T]$, i.e.,

$$0 = t_0 \leq t_1 \leq \dots \leq t_n = T.$$

The *mesh* of the partition is defined to be

$$\|\Pi\| = \max_{k=0, \dots, n-1} (t_{k+1} - t_k).$$

We then define

$$FV_{[0,T]}(f) = \lim_{\|\Pi\| \rightarrow 0} \sum_{k=0}^{n-1} |f(t_{k+1}) - f(t_k)|.$$

Suppose f is differentiable. Then the Mean Value Theorem implies that in each subinterval $[t_k, t_{k+1}]$, there is a point t_k^* such that

$$f(t_{k+1}) - f(t_k) = f'(t_k^*)(t_{k+1} - t_k).$$

Then

$$\sum_{k=0}^{n-1} |f(t_{k+1}) - f(t_k)| = \sum_{k=0}^{n-1} |f'(t_k^*)|(t_{k+1} - t_k),$$

and

$$\begin{aligned} FV_{[0,T]}(f) &= \lim_{\|\Pi\| \rightarrow 0} \sum_{k=0}^{n-1} |f'(t_k^*)|(t_{k+1} - t_k) \\ &= \int_0^T |f'(t)| dt. \end{aligned}$$

14.3 Quadratic Variation

Definition 14.2 (Quadratic Variation) The *quadratic variation* of a function f on an interval $[0, T]$ is

$$\langle f \rangle(T) = \lim_{\|\Pi\| \rightarrow 0} \sum_{k=0}^{n-1} |f(t_{k+1}) - f(t_k)|^2.$$

Remark 14.1 (Quadratic Variation of Differentiable Functions) If f is differentiable, then $\langle f \rangle(T) = 0$, because

$$\begin{aligned} \sum_{k=0}^{n-1} |f(t_{k+1}) - f(t_k)|^2 &= \sum_{k=0}^{n-1} |f'(t_k^*)|^2 (t_{k+1} - t_k)^2 \\ &\leq \|\Pi\| \cdot \sum_{k=0}^{n-1} |f'(t_k^*)|^2 (t_{k+1} - t_k) \end{aligned}$$

and

$$\begin{aligned} \langle f \rangle(T) &\leq \lim_{\|\Pi\| \rightarrow 0} \|\Pi\| \cdot \lim_{\|\Pi\| \rightarrow 0} \sum_{k=0}^{n-1} |f'(t_k^*)|^2 (t_{k+1} - t_k) \\ &= \lim_{\|\Pi\| \rightarrow 0} \|\Pi\| \int_0^T |f'(t)|^2 dt \\ &= 0. \end{aligned}$$

Theorem 3.44

$$\langle B \rangle(T) = T,$$

or more precisely,

$$\mathbb{P}\{\omega \in \Omega; \langle B(\cdot, \omega) \rangle(T) = T\} = 1.$$

In particular, the paths of Brownian motion are not differentiable.

Proof: (Outline) Let $\Pi = \{t_0, t_1, \dots, t_n\}$ be a partition of $[0, T]$. To simplify notation, set $D_k = B(t_{k+1}) - B(t_k)$. Define the *sample quadratic variation*

$$Q_\Pi = \sum_{k=0}^{n-1} D_k^2.$$

Then

$$Q_\Pi - T = \sum_{k=0}^{n-1} [D_k^2 - (t_{k+1} - t_k)].$$

We want to show that

$$\lim_{\|\Pi\| \rightarrow 0} (Q_\Pi - T) = 0.$$

Consider an individual summand

$$D_k^2 - (t_{k+1} - t_k) = [B(t_{k+1}) - B(t_k)]^2 - (t_{k+1} - t_k).$$

This has expectation 0, so

$$\mathbb{E}(Q_\Pi - T) = \mathbb{E} \sum_{k=0}^{n-1} [D_k^2 - (t_{k+1} - t_k)] = 0.$$

For $j \neq k$, the terms

$$D_j^2 - (t_{j+1} - t_j) \quad \text{and} \quad D_k^2 - (t_{k+1} - t_k)$$

are independent, so

$$\begin{aligned} \text{var}(Q_\Pi - T) &= \sum_{k=0}^{n-1} \text{var}[D_k^2 - (t_{k+1} - t_k)] \\ &= \sum_{k=0}^{n-1} \mathbb{E}[D_k^4 - 2(t_{k+1} - t_k)D_k^2 + (t_{k+1} - t_k)^2] \\ &= \sum_{k=0}^{n-1} [3(t_{k+1} - t_k)^2 - 2(t_{k+1} - t_k)^2 + (t_{k+1} - t_k)^2] \\ &\quad \text{(if } X \text{ is normal with mean 0 and variance } \sigma^2, \text{ then } \mathbb{E}(X^4) = 3\sigma^4) \\ &= 2 \sum_{k=0}^{n-1} (t_{k+1} - t_k)^2 \\ &\leq 2\|\Pi\| \sum_{k=0}^{n-1} (t_{k+1} - t_k) \\ &= 2\|\Pi\| T. \end{aligned}$$

Thus we have

$$\begin{aligned} \mathbb{E}(Q_\Pi - T) &= 0, \\ \text{var}(Q_\Pi - T) &\leq 2\|\Pi\| T. \end{aligned}$$

As $\|\Pi\| \rightarrow 0$, $\text{var}(Q_\Pi - T) \rightarrow 0$, so

$$\lim_{\|\Pi\| \rightarrow 0} (Q_\Pi - T) = 0.$$

■

Remark 14.2 (Differential Representation) We know that

$$\mathbb{E}[(B(t_{k+1}) - B(t_k))^2 - (t_{k+1} - t_k)] = 0.$$

We showed above that

$$\text{var}[(B(t_{k+1}) - B(t_k))^2 - (t_{k+1} - t_k)] = 2(t_{k+1} - t_k)^2.$$

When $(t_{k+1} - t_k)$ is small, $(t_{k+1} - t_k)^2$ is *very* small, and we have the approximate equation

$$(B(t_{k+1}) - B(t_k))^2 \simeq t_{k+1} - t_k,$$

which we can write informally as

$$dB(t) dB(t) = dt.$$

14.4 Quadratic Variation as Absolute Volatility

On any time interval $[T_1, T_2]$, we can sample the Brownian motion at times

$$T_1 = t_0 \leq t_1 \leq \dots \leq t_n = T_2$$

and compute the *squared sample absolute volatility*

$$\frac{1}{T_2 - T_1} \sum_{k=0}^{n-1} (B(t_{k+1}) - B(t_k))^2.$$

This is approximately equal to

$$\frac{1}{T_2 - T_1} [\langle B \rangle(T_2) - \langle B \rangle(T_1)] = \frac{T_2 - T_1}{T_2 - T_1} = 1.$$

As we increase the number of sample points, this approximation becomes exact. In other words, Brownian motion has *absolute volatility 1*.

Furthermore, consider the equation

$$\langle B \rangle(T) = T = \int_0^T 1 dt, \quad \forall T \geq 0.$$

This says that quadratic variation for Brownian motion accumulates at rate 1 *at all times along almost every path*.

14.5 Construction of the Itô Integral

The **integrator** is Brownian motion $B(t), t \geq 0$, with associated filtration $\mathcal{F}(t), t \geq 0$, and the following properties:

1. $s \leq t \implies$ every set in $\mathcal{F}(s)$ is also in $\mathcal{F}(t)$,
2. $B(t)$ is $\mathcal{F}(t)$ -measurable, $\forall t$,
3. For $t \leq t_1 \leq \dots \leq t_n$, the increments $B(t_1) - B(t), B(t_2) - B(t_1), \dots, B(t_n) - B(t_{n-1})$ are independent of $\mathcal{F}(t)$.

The **integrand** is $\delta(t), t \geq 0$, where

1. $\delta(t)$ is $\mathcal{F}(t)$ -measurable $\forall t$ (i.e., δ is adapted)
2. δ is square-integrable:

$$\mathbb{E} \int_0^T \delta^2(t) dt < \infty, \quad \forall T.$$

We want to define the **Itô Integral**:

$$I(t) = \int_0^t \delta(u) dB(u), \quad t \geq 0.$$

Remark 14.3 (Integral w.r.t. a differentiable function) If $f(t)$ is a differentiable function, then we can define

$$\int_0^t \delta(u) df(u) = \int_0^t \delta(u) f'(u) du.$$

This won't work when the integrator is Brownian motion, because the paths of Brownian motion are not differentiable.

14.6 Itô integral of an elementary integrand

Let $\Pi = \{t_0, t_1, \dots, t_n\}$ be a partition of $[0, T]$, i.e.,

$$0 = t_0 \leq t_1 \leq \dots \leq t_n = T.$$

Assume that $\delta(t)$ is constant on each subinterval $[t_k, t_{k+1}]$ (see Fig. 14.2). We call such a δ an *elementary process*.

The functions $B(t)$ and $\delta(t_k)$ can be interpreted as follows:

- Think of $B(t)$ as the *price per unit share* of an asset at time t .

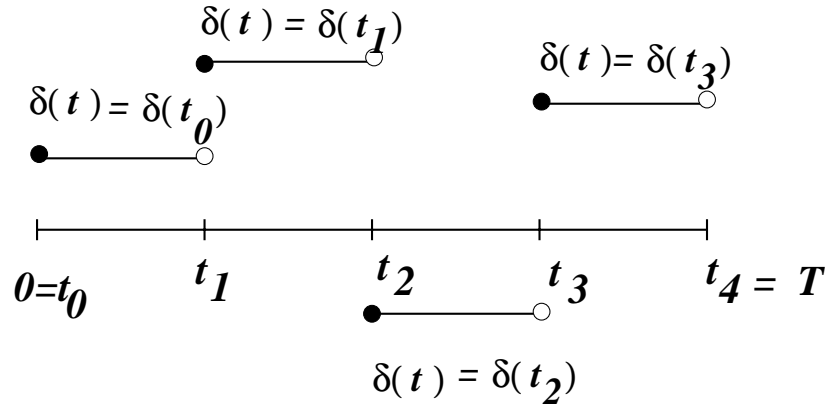


Figure 14.2: An elementary function δ .

- Think of t_0, t_1, \dots, t_n as the *trading dates* for the asset.
- Think of $\delta(t_k)$ as the *number of shares of the asset acquired* at trading date t_k and held until trading date t_{k+1} .

Then the Itô integral $I(t)$ can be interpreted as the *gain from trading* at time t ; this gain is given by:

$$I(t) = \begin{cases} \delta(t_0)[B(t) - \underbrace{B(t_0)}_{=B(0)=0}], & 0 \leq t \leq t_1 \\ \delta(t_0)[B(t_1) - B(t_0)] + \delta(t_1)[B(t) - B(t_1)], & t_1 \leq t \leq t_2 \\ \delta(t_0)[B(t_1) - B(t_0)] + \delta(t_1)[B(t_2) - B(t_1)] + \delta(t_2)[B(t) - B(t_2)], & t_2 \leq t \leq t_3. \end{cases}$$

In general, if $t_k \leq t \leq t_{k+1}$,

$$I(t) = \sum_{j=0}^{k-1} \delta(t_j)[B(t_{j+1}) - B(t_j)] + \delta(t_k)[B(t) - B(t_k)].$$

14.7 Properties of the Itô integral of an elementary process

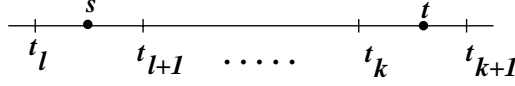
Adaptedness For each t , $I(t)$ is $\mathcal{F}(t)$ -measurable.

Linearity If

$$I(t) = \int_0^t \delta(u) dB(u), \quad J(t) = \int_0^t \gamma(u) dB(u)$$

then

$$I(t) \pm J(t) = \int_0^t (\delta(u) \pm \gamma(u)) dB(u)$$

Figure 14.3: Showing s and t in different partitions.

and

$$cI(t) = \int_0^t c\delta(u)dB(u).$$

Martingale $I(t)$ is a martingale.

We prove the martingale property for the elementary process case.

Theorem 7.45 (Martingale Property)

$$I(t) = \sum_{j=0}^{k-1} \delta(t_j)[B(t_{j+1}) - B(t_j)] + \delta(t_k)[B(t) - B(t_k)], \quad t_k \leq t \leq t_{k+1}$$

is a martingale.

Proof: Let $0 \leq s \leq t$ be given. We treat the more difficult case that s and t are in different subintervals, i.e., there are partition points t_ℓ and t_k such that $s \in [t_\ell, t_{\ell+1}]$ and $t \in [t_k, t_{k+1}]$ (See Fig. 14.3).

Write

$$\begin{aligned} I(t) &= \sum_{j=0}^{\ell-1} \delta(t_j)[B(t_{j+1}) - B(t_j)] + \delta(t_\ell)[B(t_{\ell+1}) - B(t_\ell)] \\ &\quad + \sum_{j=\ell+1}^{k-1} \delta(t_j)[B(t_{j+1}) - B(t_j)] + \delta(t_k)[B(t) - B(t_k)] \end{aligned}$$

We compute conditional expectations:

$$\begin{aligned} \mathbb{E} \left[\sum_{j=0}^{\ell-1} \delta(t_j)(B(t_{j+1}) - B(t_j)) \middle| \mathcal{F}(s) \right] &= \sum_{j=0}^{\ell-1} \delta(t_j)(B(t_{j+1}) - B(t_j)). \\ \mathbb{E} \left[\delta(t_\ell)(B(t_{\ell+1}) - B(t_\ell)) \middle| \mathcal{F}(s) \right] &= \delta(t_\ell) (\mathbb{E}[B(t_{\ell+1}) | \mathcal{F}(s)] - B(t_\ell)) \\ &= \delta(t_\ell)[B(s) - B(t_\ell)] \end{aligned}$$

These first two terms add up to $I(s)$. We show that the third and fourth terms are zero.

$$\begin{aligned} \mathbb{E} \left[\sum_{j=\ell+1}^{k-1} \delta(t_j)(B(t_{j+1}) - B(t_j)) \middle| \mathcal{F}(s) \right] &= \sum_{j=\ell+1}^{k-1} \mathbb{E} \left[\mathbb{E} \left[\delta(t_j)(B(t_{j+1}) - B(t_j)) \middle| \mathcal{F}(t_j) \right] \middle| \mathcal{F}(s) \right] \\ &= \sum_{j=\ell+1}^{k-1} \mathbb{E} \left[\delta(t_j) \underbrace{(\mathbb{E}[B(t_{j+1}) | \mathcal{F}(t_j)] - B(t_j))}_{=0} \middle| \mathcal{F}(s) \right] \\ \mathbb{E} \left[\delta(t_k)(B(t) - B(t_k)) \middle| \mathcal{F}(s) \right] &= \mathbb{E} \left[\delta(t_k) \underbrace{(\mathbb{E}[B(t) | \mathcal{F}(t_k)] - B(t_k))}_{=0} \middle| \mathcal{F}(s) \right] \end{aligned}$$

■

Theorem 7.46 (Itô Isometry)

$$\mathbb{E} I^2(t) = \mathbb{E} \int_0^t \delta^2(u) du.$$

Proof: To simplify notation, assume $t = t_k$, so

$$I(t) = \sum_{j=0}^k \delta(t_j) \underbrace{[B(t_{j+1}) - B(t_j)]}_{D_j}$$

Each D_j has expectation 0, and different D_j are independent.

$$\begin{aligned} I^2(t) &= \left(\sum_{j=0}^k \delta(t_j) D_j \right)^2 \\ &= \sum_{j=0}^k \delta^2(t_j) D_j^2 + 2 \sum_{i < j} \delta(t_i) \delta(t_j) D_i D_j. \end{aligned}$$

Since the cross terms have expectation zero,

$$\begin{aligned} \mathbb{E} I^2(t) &= \sum_{j=0}^k \mathbb{E} [\delta^2(t_j) D_j^2] \\ &= \sum_{j=0}^k \mathbb{E} \left[\delta^2(t_j) \mathbb{E} \left[(B(t_{j+1}) - B(t_j))^2 \middle| \mathcal{F}(t_j) \right] \right] \\ &= \sum_{j=0}^k \mathbb{E} \delta^2(t_j) (t_{j+1} - t_j) \\ &= \mathbb{E} \sum_{j=0}^k \int_{t_j}^{t_{j+1}} \delta^2(u) du \\ &= \mathbb{E} \int_0^t \delta^2(u) du \end{aligned}$$

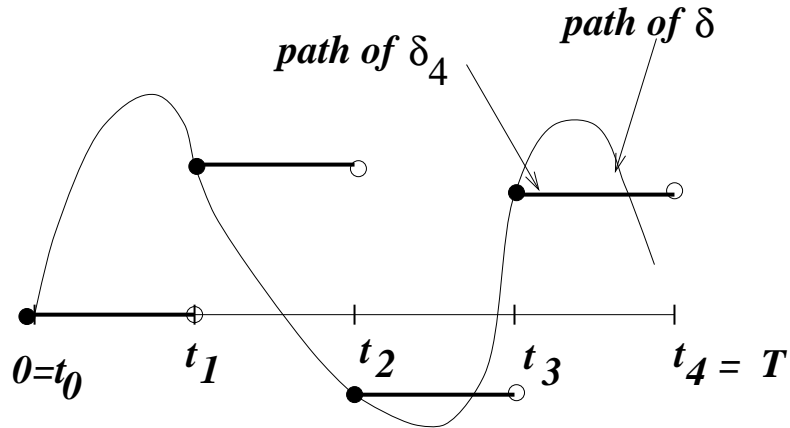


Figure 14.4: Approximating a general process by an elementary process δ_4 , over $[0, T]$. ■

14.8 Itô integral of a general integrand

Fix $T > 0$. Let δ be a process (not necessarily an elementary process) such that

- $\delta(t)$ is $\mathcal{F}(t)$ -measurable, $\forall t \in [0, T]$,
- $\mathbb{E} \int_0^T \delta^2(t) dt < \infty$.

Theorem 8.47 *There is a sequence of elementary processes $\{\delta_n\}_{n=1}^\infty$ such that*

$$\lim_{n \rightarrow \infty} \mathbb{E} \int_0^T |\delta_n(t) - \delta(t)|^2 dt = 0.$$

Proof: Fig. 14.4 shows the main idea. ■

In the last section we have defined

$$I_n(T) = \int_0^T \delta_n(t) dB(t)$$

for every n . We now define

$$\int_0^T \delta(t) dB(t) = \lim_{n \rightarrow \infty} \int_0^T \delta_n(t) dB(t).$$

The only difficulty with this approach is that we need to make sure the above limit exists. Suppose n and m are large positive integers. Then

$$\begin{aligned} \text{var}(I_n(T) - I_m(T)) &= \mathbb{E} \left(\int_0^T [\delta_n(t) - \delta_m(t)] dB(t) \right)^2 \\ \text{(Itô Isometry:)} &= \mathbb{E} \int_0^T [\delta_n(t) - \delta_m(t)]^2 dt \\ &= \mathbb{E} \int_0^T [|\delta_n(t) - \delta(t)| + |\delta(t) - \delta_m(t)|]^2 dt \\ ((a + b)^2 \leq 2a^2 + 2b^2 \text{ :}) &\leq 2\mathbb{E} \int_0^T |\delta_n(t) - \delta(t)|^2 dt + 2\mathbb{E} \int_0^T |\delta_m(t) - \delta(t)|^2 dt, \end{aligned}$$

which is small. This guarantees that the sequence $\{I_n(T)\}_{n=1}^\infty$ has a limit.

14.9 Properties of the (general) Itô integral

$$I(t) = \int_0^t \delta(u) dB(u).$$

Here δ is any adapted, square-integrable process.

Adaptedness. For each t , $I(t)$ is $\mathcal{F}(t)$ -measurable.

Linearity. If

$$I(t) = \int_0^t \delta(u) dB(u), \quad J(t) = \int_0^t \gamma(u) dB(u)$$

then

$$I(t) \pm J(t) = \int_0^t (\delta(u) \pm \gamma(u)) dB(u)$$

and

$$cI(t) = \int_0^t c\delta(u)dB(u).$$

Martingale. $I(t)$ is a martingale.

Continuity. $I(t)$ is a continuous function of the upper limit of integration t .

Itô Isometry. $\mathbb{E}I^2(t) = \mathbb{E} \int_0^t \delta^2(u) du$.

Example 14.1 () Consider the Itô integral

$$\int_0^T B(u) dB(u).$$

We approximate the integrand as shown in Fig. 14.5

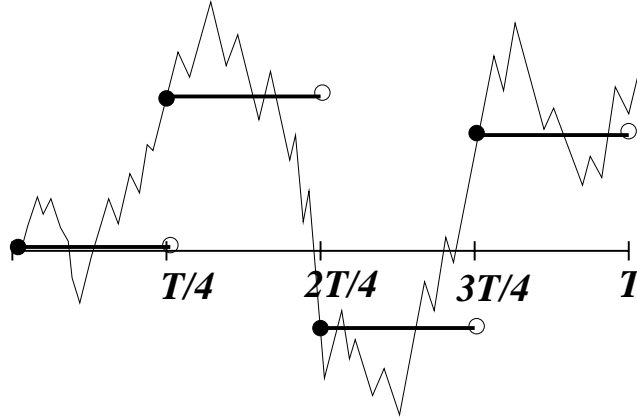


Figure 14.5: Approximating the integrand $B(u)$ with δ_n , over $[0, T]$.

$$\delta_n(u) = \begin{cases} B(0) = 0 & \text{if } 0 \leq u < T/n; \\ B(T/n) & \text{if } T/n \leq u < 2T/n; \\ \dots & \\ B\left(\frac{(n-1)T}{n}\right) & \text{if } \frac{(n-1)T}{n} \leq u < T. \end{cases}$$

By definition,

$$\int_0^T B(u) dB(u) = \lim_{n \rightarrow \infty} \sum_{k=0}^{n-1} B\left(\frac{kT}{n}\right) \left[B\left(\frac{(k+1)T}{n}\right) - B\left(\frac{kT}{n}\right) \right].$$

To simplify notation, we denote

$$B_k \triangleq B\left(\frac{kT}{n}\right),$$

so

$$\int_0^T B(u) dB(u) = \lim_{n \rightarrow \infty} \sum_{k=0}^{n-1} B_k (B_{k+1} - B_k).$$

We compute

$$\begin{aligned} \frac{1}{2} \sum_{k=0}^{n-1} (B_{k+1} - B_k)^2 &= \frac{1}{2} \sum_{k=0}^{n-1} B_{k+1}^2 - \sum_{k=0}^{n-1} B_k B_{k+1} + \frac{1}{2} \sum_{k=0}^{n-1} B_k^2 \\ &= \frac{1}{2} B_n^2 + \frac{1}{2} \sum_{j=0}^{n-1} B_j^2 - \sum_{k=0}^{n-1} B_k B_{k+1} + \frac{1}{2} \sum_{k=0}^{n-1} B_k^2 \\ &= \frac{1}{2} B_n^2 + \sum_{k=0}^{n-1} B_k^2 - \sum_{k=0}^{n-1} B_k B_{k+1} \\ &= \frac{1}{2} B_n^2 - \sum_{k=0}^{n-1} B_k (B_{k+1} - B_k). \end{aligned}$$

Therefore,

$$\sum_{k=0}^{n-1} B_k(B_{k+1} - B_k) = \frac{1}{2}B_n^2 - \frac{1}{2} \sum_{k=0}^{n-1} (B_{k+1} - B_k)^2,$$

or equivalently

$$\sum_{k=0}^{n-1} B\left(\frac{kT}{n}\right) \left[B\left(\frac{(k+1)T}{n}\right) - B\left(\frac{kT}{n}\right) \right] = \frac{1}{2}B^2(T) - \frac{1}{2} \sum_{k=0}^{n-1} \left[B\left(\frac{(k+1)T}{n}\right) - B\left(\frac{kT}{n}\right) \right]^2.$$

Let $n \rightarrow \infty$ and use the definition of quadratic variation to get

$$\int_0^T B(u) dB(u) = \frac{1}{2}B^2(T) - \frac{1}{2}T.$$

■

Remark 14.4 (Reason for the $\frac{1}{2}T$ term) If f is differentiable with $f(0) = 0$, then

$$\begin{aligned} \int_0^T f(u) df(u) &= \int_0^T f(u)f'(u) du \\ &= \frac{1}{2}f^2(u) \Big|_0^T \\ &= \frac{1}{2}f^2(T). \end{aligned}$$

In contrast, for Brownian motion, we have

$$\int_0^T B(u)dB(u) = \frac{1}{2}B^2(T) - \frac{1}{2}T.$$

The extra term $\frac{1}{2}T$ comes from the nonzero quadratic variation of Brownian motion. It has to be there, because

$$\mathbb{E} \int_0^T B(u) dB(u) = 0 \quad (\text{Itô integral is a martingale})$$

but

$$\mathbb{E} \frac{1}{2}B^2(T) = \frac{1}{2}T.$$

14.10 Quadratic variation of an Itô integral

Theorem 10.48 (Quadratic variation of Itô integral) Let

$$I(t) = \int_0^t \delta(u) dB(u).$$

Then

$$\langle I \rangle(t) = \int_0^t \delta^2(u) du.$$

This holds even if δ is not an elementary process. The quadratic variation formula says that at each time u , the *instantaneous absolute volatility* of I is $\delta^2(u)$. This is the absolute volatility of the Brownian motion scaled by the size of the position (i.e. $\delta(t)$) in the Brownian motion. Informally, we can write the quadratic variation formula in differential form as follows:

$$dI(t) dI(t) = \delta^2(t) dt.$$

Compare this with

$$dB(t) dB(t) = dt.$$

Proof: (For an elementary process δ). Let $\Pi = \{t_0, t_1, \dots, t_n\}$ be the partition for δ , i.e., $\delta(t) = \delta(t_k)$ for $t_k \leq t \leq t_{k+1}$. To simplify notation, assume $t = t_n$. We have

$$\langle I \rangle(t) = \sum_{k=0}^{n-1} [\langle I \rangle(t_{k+1}) - \langle I \rangle(t_k)].$$

Let us compute $\langle I \rangle(t_{k+1}) - \langle I \rangle(t_k)$. Let $\Xi = \{s_0, s_1, \dots, s_m\}$ be a partition

$$t_k = s_0 \leq s_1 \leq \dots \leq s_m = t_{k+1}.$$

Then

$$\begin{aligned} I(s_{j+1}) - I(s_j) &= \int_{s_j}^{s_{j+1}} \delta(t_k) dB(u) \\ &= \delta(t_k) [B(s_{j+1}) - B(s_j)], \end{aligned}$$

so

$$\begin{aligned} \langle I \rangle(t_{k+1}) - \langle I \rangle(t_k) &= \sum_{j=0}^{m-1} [I(s_{j+1}) - I(s_j)]^2 \\ &= \delta^2(t_k) \sum_{j=0}^{m-1} [B(s_{j+1}) - B(s_j)]^2 \\ &\xrightarrow{\|\Xi\| \rightarrow 0} \delta^2(t_k) (t_{k+1} - t_k). \end{aligned}$$

It follows that

$$\begin{aligned} \langle I \rangle(t) &= \sum_{k=0}^{n-1} \delta^2(t_k) (t_{k+1} - t_k) \\ &= \sum_{k=0}^{n-1} \int_{t_k}^{t_{k+1}} \delta^2(u) du \\ &\xrightarrow{\|\Pi\| \rightarrow 0} \int_0^t \delta^2(u) du. \end{aligned}$$

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